

Setting up your grow kit

Step 1. Conduct a sunlight analysis for your space to help you decide where to place your plant.

Instructions on pages 11-12.



I'm growing outside!



I'm growing inside!

Place a plate or plastic container under your grow bag so that it does not leak water.

Step 2. Pour soil from plastic bag into fabric bag.

Learn more about soil on page 9.

Step 3. Plant seeds based on back of seed packet

Learn more about seeds and seedlings on pages 17-20.

Note: You will likely have more seeds than you need. Remaining seeds can be used elsewhere or saved in a cool dark space for another season.

Step 4. Water your plant.

Learn more about watering on page 10.

Hot Tip:
To extend your growing season you can use the plastic bag as mini greenhouse (see the how to use your grow kit video linked below to learn more)

Scan the QR code or view the link to our website for a video of

How To Use Your Grow Kit:
www.chicagogrowsfood.org/growyourgroceries/

