The Grow Your Groceries Program wants to help you grow your own food.

Throughout the booklet you will find short links and QR codes that you can use to access additional resources.

To use the short links:

1. Type the web link into your internet browser.

To use the QR codes:

- 1. Open the camera application on your smartphone
- 2. Hold the camera over the QR code until you see the QR code on the screen of your phone. Don't take a picture!
- 3. You should see a link pop up on your phone screen. Click on this link, which will take you to the linked website.

Scan the code to the right to practice and watch a **How To Use Your Grow Kit Video**:

www.chicagogrowsfood.org/growyourgroceries/

