

# Instructions for planting seedlings

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## Materials

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- Fabric grow bag, raised bed or container (check page 14 to make sure you have the correct size)
- Soil
- Slow release fertilizer
- Seedling
- Hand shovel (optional)
- Gardening gloves (optional)

## Instructions

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1. Fill your container  $\frac{3}{4}$  full with soil
2. Read the instructions on your slow release fertilizer and add the correct amount based on the size of your container
3. Mix the fertilizer into the soil
4. Add the rest of your soil to the container so it is full almost to the top of the container
5. Dig a hole in the soil that is large enough for your seedling's container to fit inside
6. Gently remove your seedling from the container by lightly squeezing the sides of the container and tipping it upside down so the plant slides out. Catch the plant so it doesn't hit the ground.
7. Gently loosen the soil around the roots of your plant by squeezing it lightly with your hands.
8. Place your seedling in the hole that you dug
9. Fill in the hole with the soil that you dug out of it
10. Water your plant right after planting it. Read more about watering on page 9
11. If you would like to plant more seedlings in the same container, watch a video about plant spacing at [bit.ly/3CATfwn](https://bit.ly/3CATfwn) or by scanning the QR code

