

Starting seeds indoors

It can be helpful to start some seeds indoors so the plants have a chance to grow before you plant them outside. This increases the chance that they will survive and helps them produce more food for you. If you don't want to start your own seeds indoors you can purchase seedlings from local nurseries.

Starting seeds indoors can take some special equipment and practice, but trying is a great way to learn. Watch the videos below to learn more about starting seeds

Starting Seeds

bit.ly/3vUUtS5



Recommended Materials

bit.ly/368iMRy



Common Mistakes

bit.ly/3t56eDH



The following plants need to be started indoors:

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|------------|---------------|-----------|------------|------------|
| • Basil | • Cauliflower | • Oregano | • Pumpkins | • Sweet |
| • Broccoli | • Celery | • Peppers | • Rosemary | Potatoes |
| • Cabbage | • Eggplants | (hot) | • Sage | • Thyme |
| | | • Peppers | | • Tomatoes |
| | | (sweet) | | |

The following plants can be directly sowed OR started indoors depending on the time of year:

- Melons (cantaloupe, watermelon): Start indoors in the spring
- Cucumbers: Start indoors in the spring. Plant outside in late July.
- Kohlrabi: Start indoors in the spring. Plant outside in early September.
- Lettuce: You can start indoors in the spring so your plants produce leaves that you can eat more quickly. Plant outside in mid-September.
- Pumpkins: Start indoors in the spring. Plan outside in mid-June.
- Zucchini: Start indoors in the spring. Plant outside in late July.